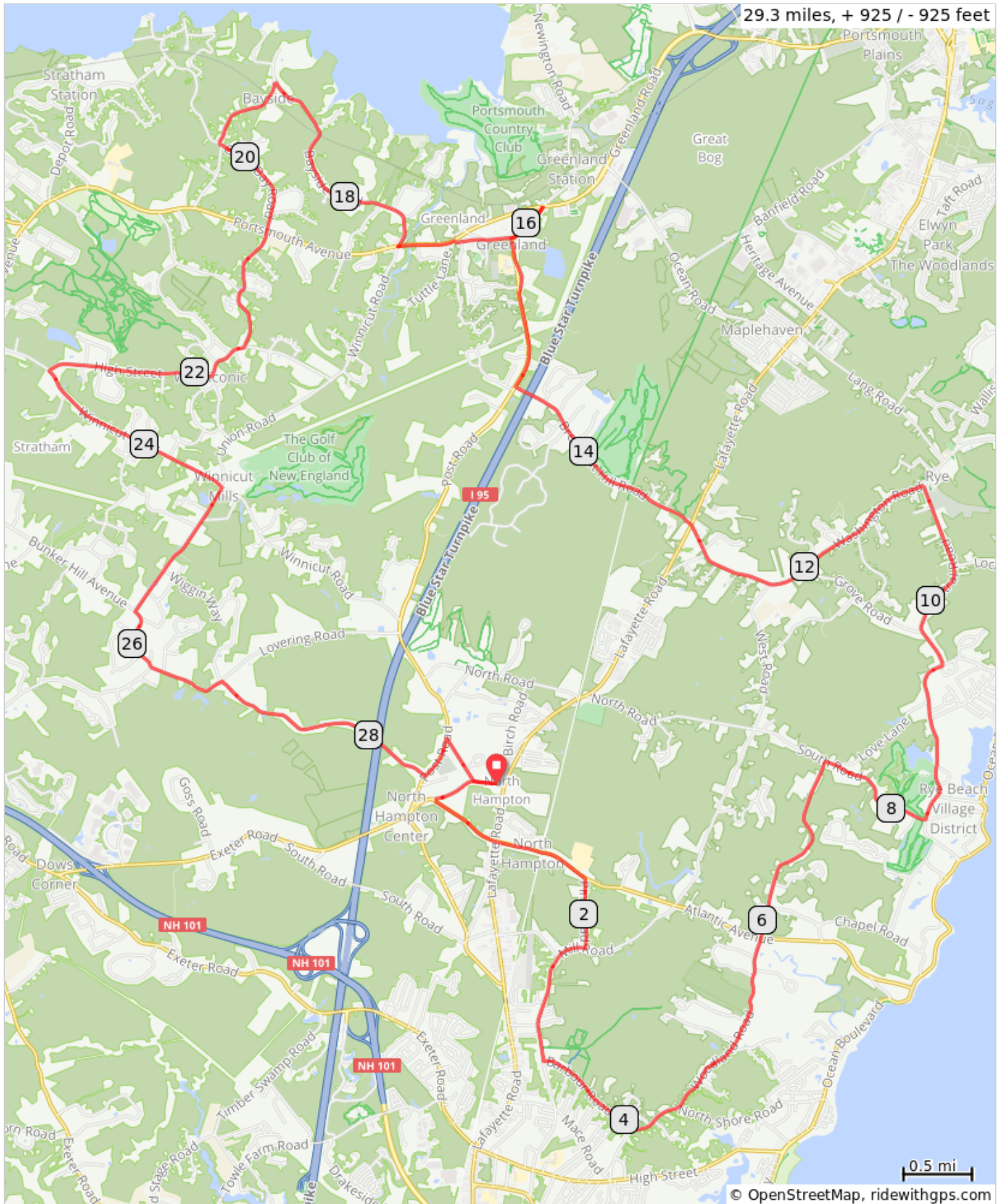































Throwback 30



30 mile loop for SABR Throwback and Forth ride on July 28, 2018



Throwback 30

Num	Dist	Type	Note	Next
1.	0.0		Start of route	0.5
2.	0.5		L	0.0
3.	0.5		L onto Atlantic Avenue, NH 111	1.2
4.	1.7		R onto Pine Road	0.5
5.	2.2		R onto Mill Road	1.0
6.	3.2		L onto Barbour Road	0.6
7.	3.9		Continue onto Little River Road	0.2
8.	4.1		L onto Woodland Road	0.3
9.	4.4		Slight L onto Woodland Road	2.9
10.	7.3		Slight R onto Woodland Road	0.0
11.	7.4		R onto South Road	0.1
12.	7.4		Slight R onto South Road	0.8
13.	8.2		Slight L onto South Road	0.0
14.	8.3		L onto Central Road	0.3
15.	8.5		Slight L onto Central Road	1.0
16.	9.5		Slight L onto Central Road	0.0
17.	9.5		Slight R onto Central Road	1.4
18.	10.9		Slight L onto Central Road	0.0
19.	10.9		L onto Washington Road	3.8
20.	14.7		R onto Post Road, NH 151	0.7
21.	15.4		Slight R onto Park Avenue	0.2
22.	15.7		Continue onto Post Road, NH 151	0.1
23.	15.8		Slight L	0.1
24.	15.8		Slight R	0.0
25.	15.8		R onto Portsmouth Avenue	0.0
26.	15.9		Slight L onto Portsmouth Avenue, NH 151	0.3
27.	16.2		Sharp L onto Greenland Road, NH 33	0.0
28.	16.2		Slight L onto Portsmouth Avenue, NH 151	0.3
29.	16.5		Slight R onto Portsmouth Avenue	0.2

16.5 miles. +444/-469 feet

Num	Dist	Type	Note	Next
30.	16.7	↑	Continue onto Portsmouth Avenue	0.2
31.	16.9	←	L onto Portsmouth Avenue, NH 33	0.4
32.	17.3	←	L onto Bayside Road	1.8
33.	19.1	←	Slight L onto Great Bay Road	0.0
34.	19.1	←	L onto Great Bay Road	0.6
35.	19.8	←	Slight L onto Great Bay Road	0.0
36.	19.8	←	Slight L onto Great Bay Road	1.3
37.	21.1	➔	Slight R onto Willow Brook Avenue	0.0
38.	21.1	←	Slight L onto Willow Brook Avenue	0.4
39.	21.6	➔	R onto High Street	0.2
40.	21.8	←	Slight L onto High Street	0.1
41.	21.9	➔	R onto High Street	1.2
42.	23.1	←	L onto Winnicut Road	1.5
43.	24.6	➔	R onto Union Road	1.1
44.	25.7	←	L onto Bunker Hill Avenue	0.1
45.	25.8	➔	Slight R onto Bunker Hill Avenue	0.4
46.	26.2	←	Slight L onto Bunker Hill Avenue	0.6
47.	26.8	➔	R onto Walnut Avenue	1.7
48.	28.5	←	L onto Post Road, NH 151	0.3
49.	28.8	➔	R onto New Road	0.0
50.	28.8	➔	Slight R onto New Road	0.3
51.	29.2	↑	Continue onto New Road	0.0
52.	29.2	←	L onto Hobbs Road	0.2
53.	29.3	🚩	End of route	0.0

12.9 miles. +481/-448 feet